Disorders evaluated in this section: SEPARATION ANXIETY DISORDER, SOCIAL PHOBIA, SPECIFIC PHOBIA, OBSESSIVE COMPULSIVE DISORDER, POST TRAUMATIC STRESS DISORDER, GENERAL ANXIETY DISORDER, PANIC DISORDER, AGORAPHOBIA WITHOUT PANIC DISORDER, ANXIETY DISORDER DUE TO A GENERAL MEDICAL CONDITION, SUBSTANCE INDUCED ANXIETY DISORDER, AND ANXIETY DISORDER NOS.

SEPARATION ANXIETY DISORDER

INSTRUCTIONS FOR INTERVIEWER: IF PERVASIVE DEVELOPMENTAL DISORDER, SCHIZOPHRENIA, OR OTHER PSYCHOTIC DISORDER IS PRESENT, CHECK HERE_____ AND SKIP TO PAGE F5.

MANY OF THE SYMPTOMS OF SEPARATION ANXIETY DISORDER ARE DEVELOPMENTALLY APPROPRIATE, PARTICULARLY FOR CHILDREN YOUNGER THAN AGE SIX. THUS, IT IS IMPORTANT TO DIFFERENTIATE BETWEEN AGE APPROPRIATE ANXIETY AND SEPARATION ANXIETY OF A MAGNITUDE WHICH IS EXCESSIVE, UNREALISTIC OR PERSISTENT. THE FOLLOWING ADDITIONAL PROBES MAY BE USEFUL IN MAKING THIS DETERMINATION FOR EACH CRITERION:

DOES THIS HAPPEN A LOT?
DO YOU HAVE MORE TROUBLE WITH THIS THAN OTHER KIDS YOUR AGE? IN YOUR NEIGHBORHOOD?

THE MAJOR ATTACHMENT FIGURE(S) SHOULD BE IDENTIFIED PRIOR TO BEGINNING THE MODULE. THE CHILD SHOULD BE ASKED ABOUT THE ADULTS TO WHOM HE/SHE FEELS THE CLOSEST AMONG THOSE IN THE HOME (WITH WHOM HE/SHE HAS DAILY CONTACT). WHEN [ATTACHMENT FIGURE] IS DESIGNATED IN THE TEXT, THE INTERVIEWER SHOULD ALWAYS REFER TO THE DESIGNATED ADULTS(S).

Interviewer note attachment figure(s):_____

	SEPARATION ANXIETY DISORDER CRITERIA	?	1	2	3
Now I am going to ask you some questions about times when you might feel really worried or nervous when you have to be away from your family or home During the past month…	A: Developmentally inappropriate and excessive anxiety concerning separation from home or from those to whom the individual is attached, as evidenced by **at least 3** of the following:				
Do you get really upset when you have to be away from home? Do you get upset even before you leave? How about when you have to leave your [attachment figure]?	(1) Recurrent excessive distress when separation from home or major attachment figures occurs or is anticipated	CHI			
		PAR			
		OTH			
		BEST			

?=inadequate information 1=absent or false 2=subthreshold 3=threshold or true

During the past month…

…have you really worried a lot about bad things happening to your [attachment figure]?

IF YES: Why? What kinds of things?
IF UNCLEAR: Is there a good reason why you worry so much about this?

What about worrying a lot that your [attachment figure] will go away and never come back?

(2) persistent and excessive worry about losing, or about possible harm befalling, major attachment figures (e.g., fear that they will leave and not return or that the child will not see them again)

	?	1	2	3
CHI				
PAR				
OTH				
BEST				

…have you worried a lot that something bad will happen to <u>you</u> so that you'll never see your [attachment figure] again?

IF YES: What kinds of things? Why?
IF UNCLEAR: Is there a good reason that you worry so much about this?

3) persistent and excessive worry that an untoward event will lead to separation from a major attachment figure, e.g., the child will be lost or kidnapped

	?	1	2	3
CHI				
PAR				
OTH				
BEST				

…have you often refused to go to school? Is this just so you can stay with your [attachment figure] or stay at home? How often has this happened?

IF NO: Does your [attachment figure] often have to <u>make</u> you go to school? Why is that?

(Does your [attachment figure] often have to stay with you in school?
IF YES: How come?)

Is it hard to go anywhere away from home or your [attachment figure]?

(4) persistent reluctance or refusal to go to school or elsewhere because of fear of separation

	?	1	2	3
CHI				
PAR				
OTH				
BEST				

Is it hard for you to be all by yourself? Do you have to have your [attachment figure] with you when you go out? Do you get really scared? Tell me about that.

Does your [attachment figure] often complain that you're too "clingy"?

(5) persistently and exceessively fearful or reluctant to be alone or without major attachment figures at home or without significant adults in other settings

	?	1	2	3
CHI				
PAR				
OTH				
BEST				

During the past month…

Do you need to sleep with (in the same room with) your [attachment figure]? Is it hard to go to sleep without [attachment figure]? Do you wake up a lot and go into your [attachment figure]'s room?

...have you ever had a sleepover? Do you hate sleepovers? Are sleepovers scary?

…have you felt very upset or sad a lot of the time when you knew you had to be away from your [attachment figure] or away from home? (Tell me more about what happens.)

(6) persistent reluctance or refusal to go to sleep without bein near a major attachment figure or to sleep away from home

	?	1	2	3
CHI				
PAR				
OTH				
BEST				

Do you ever have bad dreams (nightmares)?

IF YES: What are they about? How often do you have one? In the past month?

IF YES: How often does that happen?

(7) repeated nightmares involving the theme of separation

	?	1	2	3
CHI				
PAR				
OTH				
BEST				

…have you gotten a lot of headaches, stomach aches, or feel sick on school days?

IF YES: How often does this happen? Do you often feel better if you stay at home?

How about feeling sick other times when you have to be away from your [attachment figure]?

IF YES: How often does this happen? Do you often feel better if you stay at home?

(8) repeated complaints of physical symptoms (such as headaches, stomach aches, nausea, or vomiting) when separation from major attachment figures occurs or is anticipated

	?	1	2	3
CHI				
PAR				
OTH				
BEST				

AT LEAST 3 "A" SXS ARE CODED "3"

? 1 3

GO TO ***SOCIAL PHOBIA*, F. 5**

A criteria met

B. THE DURATION OF THE DISORDER IS AT LEAST FOUR WEEKS.

(IF UNCLEAR): How long have (SXS named in A) been going on?

Have you had a lot of these (worries/SXS named in A) for at least four weeks almost all the time?

? 1 3

GO TO ***SOCIAL PHOBIA*, F. 5**

B criteria met

C. ONSET BEFORE AGE 18.

(IF UNCLEAR): How old were you when you first started having (SXS named in A)?

? 1 3

GO TO ***SOCIAL PHOBIA*, F. 5**

C criteria met

D. THE DISTURBANCE CAUSES CLINICALLY SIGNIFICANT DISTRESS OR IMPAIRMENT IN SOCIAL, ACADEMIC (OCCUPATIONAL), OR OTHER IMPORTANT AREAS OF FUNCTIONING

? 1 3

GO TO ***SOCIAL PHOBIA*, F. 5**

D criteria met

SEPARATION ANXIETY DISORDER CRITERIA A, B, C, AND D, ARE CODED "3"

? 1 3

Separation Anxiety Disorder

Code age at onset of disorder (Code 99 if unknown) ___ ___

EARLY ONSET: IF ONSET OCCURS BEFORE AGE 6 YEARS

?=inadequate information 1=absent or false 2=subthreshold 3=threshold or true